



**CalvertHealth**<sup>™</sup>  
**Sheldon E. Goldberg**  
*Center for Breast Care*

**Sheldon E. Goldberg Center for Breast Care**  
**Cancer is personal. Your treatment should be personal, too.**

The Sheldon E. Goldberg Center for Breast Care, the first of its kind in Southern Maryland, gives local women and men access to an experienced team of breast health experts and the most sophisticated technology available today. Our goal is to provide comprehensive care that is customized to address the unique needs of each patient. In one comfortable and convenient location, our experts provide comprehensive and coordinated care—from outreach and screening to diagnosis, treatment and survivorship.

**POINTS of DISTINCTION**

- **Breast Imaging.** Calvert Medical Imaging Center (CMIC) provides breast imaging services for the breast center. All mammograms are read by a board-certified, fellowship-trained diagnostic radiologist specializing in breast imaging.
- **Multidisciplinary Clinic.** Most recently, the Sheldon E. Goldberg Center for Breast Care opened a multidisciplinary clinic, which gives newly diagnosed breast cancer patients the opportunity to meet their team (*see reverse*) so a personalized care plan can be developed quickly, alleviating added time and travel.
- **Latest Technology.** The breast center has also acquired state-of-the-art equipment like the SAVI SCOUT surgical guidance system, which uses radar technology to mark a tumor’s location inside of the breast instead of inserting a wire. This innovative technology guides the surgeon to precisely target the cancerous tissue for removal—saving healthy breast tissue and leading to excellent cosmetic results.
- **Genetics Program.** Cancer risk assessment testing and genetic counseling is a service that includes a comprehensive assessment, genetic testing when appropriate and risk management recommendations delivered in one or more genetic counseling sessions. Cancer risk assessment is the key to identifying patients and families who may be at increased risk of developing certain types of cancer.
- **Nurse Navigation.** If you or a loved one has received a cancer diagnosis, it’s natural to feel overwhelmed. But you won’t take this journey alone. To ease the process and depending on your type of cancer, you may be provided a Nurse Navigator who works closely with you and your family to coordinate all aspects of care.

**Since its opening in 2009, the CalvertHealth Foundation has raised more than \$850,000 in support of the Sheldon E. Goldberg Center for Breast Care.**

**The Breast Center Offers:**

- Multidisciplinary Breast Care Team
- Breast Care Navigator
- Latest Imaging Technology
- Genetic Counseling Services
- High-Risk Clinic
- Resource Center and more...

*Our patients come from all over to take advantage of our Breast Center services:*

Calvert: 52%  
 St. Mary’s: 28%  
 Charles: 13%  
 Anne Arundel: 2%  
 Other: 5%

**Did you know?** Calvert County has a higher rate of breast cancer deaths and breast cancer incidence than both the overall state of Maryland and the United States. Further, Calvert County is failing to meet the Healthy People 2020 targets for Age-Adjusted Death Rates due to Breast Cancer.



A QUALITY PROGRAM  
 of the AMERICAN COLLEGE  
 OF SURGEONS

*CalvertHealth is proud to be an accredited cancer center through the Commission on Cancer.*



**CalvertHealth**  
**Foundation**



CalvertHealth<sup>®</sup>

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## YOUR CARE TEAM



### **Breast Center**

Theodore Tsangaris, MD, MBA, FACS (L)  
*Breast Surgeon*

Kathleen Settle, MD (R)  
*Radiation Oncology*



Wendy Bosley, CRNP (R)  
*Nurse Practitioner*



### **Navigators (L-R)**

Megan Hance  
Breast Navigator

Tracy Delahey  
Financial Navigator



### **Medical Oncologists (L-R) Kenneth**

Abbott, MD  
Bilal Ahmed, MD  
Arati Patel, MD



### **Reconstruction:**

Wilfred R. Ehrmantraut, Jr., MD  
*Plastic Surgeon*